

Answer the following questions, based on the article you've just read. Answer in full sentences.

- 1) What does 'Car' stand for?
- 2) The article states that we first realise other people judge us on our appearance at the age of five, and that by seven we begin to show 'body dissatisfaction'. What are your thoughts and feelings about these statements?
- 3) What did the study in Fiji highlight about media influence on body image?
- 4) What is the author's opinion on Photoshop?
- 5) How is the fashion magazine industry attempting to deal with the 'size zero' problem?
- 6) What is 'disordered eating'?
- 7) How can headlines about Lauren Goodger looking 'fat' be damaging to women?
- 8) According to the group of under-20-year olds interviewed by the author, what is the new problem facing women today?
- 9) Why is Susie Orbach interested in having midwives discuss healthy body images with new mums?
- 10) Why is it important to 'unpick' the media we consume?

Please write a paragraph answering the following question:

**Wiseman ends her article by saying**

***'We hate how we look because of our new, complicated visual culture, because of the fashion industry that has not adapted, a media that forensically analyses women's bodies and saturates our culture with body-change stories. Because of the rise of cognitive eating, the increasing abilities and accessibility of cosmetic surgery. Because to be feminine, today, means to hate your body.'***

**To what extent do you agree with her statement?**